

## PRIVACY POLICY SEVA MENTAL HEALTH & WELLNESS GROUP

At Seva Mental Health & Wellness Group (SMHWG), we value your privacy. We are committed to protecting your personal information and sharing with you how we collect, use and safeguard your data. This privacy policy outlines how we collect and use this data as well as your rights regarding your data.

### Our Information

SMHWG is a mental health group practice with multiple locations in Oregon serving teens and adults. Our website is

[www.sevamentalhealthandwellnessgroup.com](http://www.sevamentalhealthandwellnessgroup.com) or [www.sevamhwg.com](http://www.sevamhwg.com)

What type of information do we collect?

We may collect the following information:

Your contact details: name, email and phone number

Mental health information: when you voluntarily provide this information

Technical data: IP address, browser type, cookies, and usage data related to using our website on the Wix platform

Communications: any information you send on our contact forms or via chat or emails

We do not sell your information.

### Visitor Communications

How we communicate with site visitors.

We don't communicate with site visitors other than through our automated chat. We have automatic responses when site visitors select certain options in chat. We do all of our communicating through our practice's secure platforms off of our website. We do respond to emails you send us through our website.

### Data Storage

Our company is hosted on the Wix.com platform. Wix.com provides us with the online platform that allows us to advertise our services to you. Your data may be stored through Wix.com's data storage, databases and the general Wix.com applications.

They store your data on secure servers behind a firewall.

### HIPAA Compliance

We do not use our website for therapy sessions. We use a secure portal that is separate from our website.

When you schedule an appointment on our website using the scheduling link, this link is tied to a HIPAA compliant secure portal.

## Cookies and Analytics

Our website may use cookies to track website usage and analytics through Google

Improve the functionality of our website

To store information from any forms on our website

*The following links explain how to access cookie settings in various browsers:*

- [Cookie settings in Firefox](#)
- [Cookie settings in Internet Explorer](#)
- [Cookie settings in Google Chrome](#)
- [Cookie settings in Safari \(OS X\)](#)
- [Cookie settings in Safari \(iOS\)](#)
- [Cookie settings in Android](#)

*To opt out of being tracked by Google Analytics across all websites, visit this link:*

<http://tools.google.com/dlpage/gaoptout>.

## Contact Information from Other Sites

Website pages may include embedded content from other sites (e.g., maps).

These third party websites may collect data about you, use cookies, and track your interactions with that content.

## Sharing Data

We don't share your personal data unless we have your consent or to comply with legal obligations or to provide services (e.g. scheduling).

## Data Retention

Wix stores analytic data for 62 days.

Session cookies: last only for a single browsing session. These are often used for security and fraud detection purposes.

Persistent cookies: Remain on a visitor's device for a longer set duration.

This allows the site to remember user preferences or track users across multiple sessions for analytics. Can last up to 12 months.

Personal data is 'retained as long as necessary to achieve the purpose (e.g. forms)'.

First party and third party cookies: first party or Wix cookies are for site functionality, third party cookies have a different lifespan.

#### Your Rights

You have the right to request access to your personal data

Request changes / removal of your personal data (where applicable)

Opt out of data tracking

If you don't want us to process your data anymore, please contact us at [hello@sevamhwg.com](mailto:hello@sevamhwg.com) or mail to: 7555 SW Hermoso Way # 120 Tigard, OR 97223

#### Privacy Policy Updates

We reserve the right to modify this privacy policy at any time, so please review it frequently. Changes and clarifications will take effect immediately upon their posting on the website. If we make material changes to this policy, we will notify you here that it has been updated, so that you are aware of what information we collect, how we use it, and under what circumstances, if any, we use and/or disclose it.

#### Data Protection

SSL Encryption across the site

Only administrative staff can access the website settings

#### Questions and Contact Information.

If you would like to: access, correct, amend or delete any personal information we have about you, you are invited to contact us at [hello@sevamhwg.com](mailto:hello@sevamhwg.com) or send us mail to: 7555 SW Hermoso Way # 120 Tigard, OR 97223.



